

## **Informed Consent for a Visitor in a Psychotherapy Consultation**

I, \_\_\_\_\_, understand that if I invite a third person to be present during a session with my psychotherapy consultant that my confidentiality is automatically compromised. I do so with the understanding that my therapist will use discretion but cannot promise absolute confidentiality. This agreement supplements previous informed consents.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

I, \_\_\_\_\_, understand that I am being invited as a guest to attend a session with the above person's therapist. I further understand that the therapist works as a confidential agent for this person and cannot grant me confidentiality. The therapist is not free to divulge confidential information to me.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date